

**Amendment to the Claims:**

1. (Currently Amended) A padding for a protective helmet including:

an envelope configured to be attached inside the helmet, the envelope being made of flexible material;

5 at least one supplementary padding element received in the envelope; the envelope including at least one opening allowing introduction and removal of the supplementary padding element into and from the envelope and

wherein

10 the envelope has a general form of a 'T', which includes a longitudinal central branch whose front end extends laterally towards the left to define a left side branch and towards the right to define a right side branch,

the envelope includes a wall lower connected by its edge to an upper wall, the walls beign made of a soft material which is able to be deformed,

15 the at least one supplemental padding element is received in the branches of the envelope, and

the at least one supplemental padding element includes attachment means affixed in a removable way to the envelope.

2-3. (Cancelled)

4. (Currently Amended) The padding for a helmet according to claim [[3]] 1, wherein the means of attachment includes bands of self-gripping textile.

5. (Previously Presented) The padding for a protective helmet, according to claim 4, wherein the envelope includes at least one band of gripping textile of the type with hooks.

6-7. (Cancelled)

8. (Currently Amended) The padding for a protective helmet according to claim [[7]] 1, wherein:

the longitudinal central branch includes, on its upper wall which contacts a lining fabric of the helmet, an opening to access a longitudinal pocket into which can be introduced a supplementary padding element

the left side branch includes, on its upper wall which contacts the lining fabric, an opening to access a pocket, into which can be introduced a supplementary padding element; and

the right side branch includes, on its upper wall, an opening to access a pocket into which can be introduced a supplementary padding element.

9. (Previously Amended) The padding for the protective helmet according to claim 8, wherein a central junction of the three branches includes, on its upper wall, an opening to access a pocket, into which can be introduced a supplementary padding element.

10. (Currently Amended) The padding for the protective helmet according to claim [[7]] 9, wherein the upper wall of the envelope includes at least a band of self-gripping textile of the type with hooks.

11. (Previously Presented) A protective helmet including:  
a principal external shell including resident internal padding made out of rigid synthetic foam; and  
removable supplementary padding according to claim 1.

12. (Previously Presented) The protective helmet according to claim 11, further including:

an interior trim made of a layer of foam ensuring the comfort of the helmet and a comfortable lining fabric intended in particular for its interior decoration, and to which the removable supplementary padding is removably attached.

13. (Previously Presented) The protective helmet according to claim 12, wherein a central junction of the removable padding is affixed on a frontal zone of the interior of the helmet, and two side branches are affixed laterally in zones 5 of the temples, and a longitudinal central branch is affixed in a plane of symmetry which extends from the frontal zone backwards.

14-17. (Cancelled)

18. (New) A protective helmet comprising:  
a rigid shell which defines an interior cavity;  
resident padding affixed to the shell in the interior cavity;  
an envelope configured to be mounted inside the resident padding and 5 adapted to contact a user's head, the envelope including a lower wall and an upper wall connected along at least one edge, the walls being made of a soft, deformable material, the envelope having a T-shape, which includes a longitudinal central branch and left and right side branches extending laterally outward from a front end of the longitudinal central branch, the envelope including at least one access opening to its 10 interior;  
a plurality of supplemental deformable padding elements configured to be inserted through the access opening into the interior of the branches of the envelope;  
an attachment structure which removably attaches the supplemental 15 deformable padding elements to the interior of the envelope such that the supplemental deformable padding elements adapt the helmet to a shape and volume of a user's head.